

Garden Beet

Master Gardener Association of Tippecanoe County

December 2010

New Fundraising Guidelines

by Kay Conner

An initiative from our Executive Committee in September has established a new standing committee, the Fund Development Committee (FDC).

MGATC has grown so much in recent years and become involved in so many varied volunteer projects, many requiring more money or materials than we have available in our treasury, that the formation of the FDC is an attempt to keep track of our fundraising activities, catalog them, and gather information about possible future fundraising opportunities in our community.

To meet these goals, the FDC has written a set of simple guidelines for raising money, developed a form for those who wish to raise money to submit to the FDC, and proposed the establishment of a permanent file containing information on granting agencies and procedures. Our plan is not to impede fundraising, but to make sure we have good records on what our membership is doing, to avoid duplication of efforts, and to be able to aid others in seeking funds.

1. MGATC members wishing to raise money or receive in-kind donations of materials from local businesses must first of all have active Master Gardener status.

2. In addition, a Volunteer Project Form for the project needing funds must have been filed with and approved by the Volunteer Project Coordinator (currently Kay Falley at kfalley@comcast.net).

3. At this point, the New Fundraising Form is filled out and submitted to the FDC (currently Kay Conner at kay.conner@comcast.net or Esther

Chosnek at esther@fpnmail.com) for the final step in the process.

It is our hope that this will be a smooth and painless procedure to help our membership grow!

Upcoming Programs

December 7 • 6:30 pm • Holiday Carry-in at Lilly Nature Center

Jim Beaty, superintendent of the Agronomy Center for Research and Education, on *Prairie Talk*.

Please bring a dessert or appetizer to share. Note that Lindberg Road is closed over Celery Bog, so you should plan another route:

Route 1: Take US 52 west to McCormick Rd, turn south. Turn left on to Lindberg Road.

Route 2: Take Northwestern Ave. (231) north from campus to Cherry Lane (126) left to McCormick Road. Turn right (north) on McCormick Rd. Turn left on to Lindberg Road.

January 4 • 6:30 pm • TCEO

Frank Oliver on *Photography*

February 1 • 6 pm • Beck Center Annual Awards Banquet

Patty Schneider on *Art in the Garden*

March 1 • 6:30 pm • TCEO

Kathryn Reeves on *Color in the Garden*

From the Secretary

Minutes of the November 2, 2010
meeting of the Master Gardener
Association of Tippecanoe County

Program

A slide show and talk from our members, Joan, Kay and Marlene, about their recent culinary tour along the Aegean coast of Turkey was our education topic.

Business Meeting

President Linda Mann called the meeting to order and thanked our speakers.

A motion to approve minutes printed in the Garden Beet from last meeting. m/s/p

Standing Committee Reports:

Treasurer—\$16,700 in checking, \$10,471.34 in Vanguard investment account. Total membership dues \$3,300, Calendars \$2,510. \$6,000 earmarked for special projects from grant monies. m/s/p

Special Projects:

Social Committee—The December meeting will be held at Lilly Nature Center. Please keep the road closure in mind and plan your alternative route to the meeting.

Volunteer Hours—Turn in hours quarterly – send or email to Carmen Dunn. 12 hours volunteer and 6 education hours are needed to stay active in MGATC. Please send in by December 31. As of November 2, we only have 92 reporting out of 222 paid members. Lynn Layden passed out a form list-

ing all monthly meetings and programs, please turn this form in to Carmen with meeting attended before December 10 to receive your hours for this year.

Special Projects Committee Chairs:

Expo—Monique said to look for an e-mail. The chairs will be meeting in the evening the week before Thanksgiving. Saturday, April 30, is the date for Expo 2011.

Trellis & Vine program—The new MG class has 46 students. Jackie Scott thanked everyone for volunteering. Please call her if you need further information.

Seed Box—Time to collect and clean seeds for this project. Please give the following info when turning in seeds: color, height, sunlight needs, etc.

New Business:

Linda Mann asked if there was interest in a Facebook page. We will talk more about this at a later meeting.

Meeting adjourned.

Correspondence Update

Contact Erica Timmerman at erica_timmerman@yahoo.com or (765) 426-5703 if you know of any correspondence needs.

Public Ed Workshops Saturdays • 9 am • TCED

Please note that the date for the Gifts from Nature workshop was noted incorrectly in your October Garden Beet. This workshop will be held on Saturday, Nov. 20.

Nov. 20 – Gifts from Nature
Dec. 18 – Winter Sowing

Thanks,
Robin Hammel

ACTS OF
CREATION
ARE ORDINARILY
RESERVED FOR
GODS AND POETS,
BUT HUMBLER
FOLK MAY
CIRCUMVENT THIS
RESTRICTION ...
TO PLANT A PINE,
FOR EXAMPLE, ...
ONE NEED ONLY
OWN A GOOD
SHOVEL.

~ALDO LEOPOLD,
AMERICAN
ENVIRONMENTALIST

Garden Beet Editorial Policy

It is the editorial policy of the *Garden Beet* to “help others grow” by publishing association information; member news; information on new plants, gardening products and gardening techniques; garden- or nature-related news and activities in the area and region; and educational opportunities.

This policy precludes the inclusion of advertising, commercial business promotion, or articles that seek to shape opinion on legal, social or political issues or causes.

Please submit your articles or news via e-mail to ddzwriting@earthlink.net or by mail to Denise Dorsey-Zinn, 9130 Tyler Road, Battle Ground IN 47920.

Deadline for submissions is the 15th of the month for the following month's newsletter.

S MALL CHEER
AND GREAT
WELCOME MAKES
A MERRY FEAST.
~WILLIAM SHAKESPEARE

The Perfect Garden

Plant three rows of peas:

1. Peace of mind
2. Peace of heart
3. Peace of soul

Plant four rows of squash:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

Plant four rows of lettuce:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

No garden without turnips:

1. Turnip for meeting
2. Turnip for service
3. Turnip to help one another

Our garden must have thyme:

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

Water freely with patience and cultivate with love. There is so much fruit in your garden because you reap what you sow.

(This piece on the perfect garden turns up every two or three years in the Beet ... always with a slight variation! This one was submitted by Esther Chosnek.)

Note from the Prez

Hello Master Gardeners,

Welcome to the last month of 2010. It's hard to believe but the planning for 2011 is well under way. MGATC projects are being planned and our seed catalogs are beginning to arrive. We still have a fall vegetable garden going but I fear its end is near. Everybody is ready for a short rest before we begin again. Gardeners: The eternal optimists.

Please plan to attend our Dec. 7 meeting at the Lilly Nature Center. Our social will be at 6:30; bring an appetizer or dessert to share while we visit.

This will be followed by our program on *Prairie Talk* by Jim Beaty. You may need to plan an alternative route as Lindberg Road across the bog is closed.

*Happy gardening,
Linda Mann*

LOOKING
FORWARD TO
THINGS IS HALF
THE PLEASURE OF
THEM.

~L.M. MONTGOMERY,
ANNE OF GREEN GABLES

The Latest Dirt

by Flora N. Fauna

Every year since 1982, the National Garden Bureau and its members select one flower and one vegetable to be showcased in the “Year of the Crops” program. Crops are chosen because they are popular, easy-to-grow, widely adaptable, genetically diverse, and versatile. 2011 will be the “Year of the Tomato” and the “Year of the Zinnia.” Learn more at http://www.ngb.org/year_of/index.cfm.

If you are fortunate to have an upcoming trip to Longwood Gardens in Kennett Square, Pennsylvania, on your schedule, check out their new garden. Without digging a single hole, they unveiled the largest living wall in North America. The 4,072 square foot vegetative surface is the heavy-weight champion in the living wall world, taking the title from the PNC Bank building in Pittsburgh, whose planted surfaces are 70% smaller than the wall Longwood Gardens. Find out more at <http://www.longwoodgardens.org/meupdatesmay10.html>.

Walters Gardens has partnered with Proven Winners to bring 30 of their amazing perennials under the Proven Winners brand. Walters is a top source for unique and exclusive perennials in North America. Walters will provide expert opinion and contacts to continually bring great new plants

into the Proven Winners line. Now, with Walters Gardens on board, Proven Winners will be adding new and cool perennial varieties every year to round out its mix.

All-America Selections (AAS) is pleased to announce the first seven of the 2011 AAS Winners. Following a trial period where these new, never-before-sold varieties are “Tested Nationally and Proven Locally,” the AAS judges have submitted their evaluations and selected only the best performers as AAS Winners. With this announcement, these varieties are available for immediate sale and distribution so home gardeners will find seeds and plants available in time for their 2011 seed ordering and gardening season. For a complete list of trial ground locations: www.all-americaelections.org. Additional AAS Winners will be announced in late January.

Here’s a peek: Bedding Plant, Salvia ‘Summer Jewel Red’; Cool Season, Ornamental Kale ‘Glamour Red’ F1 and Viola ‘Shangri-La Marina’ F1; Flower, Gaillardia ‘Arizona Apricot’; Vegetable, Pumpkin ‘Hijinks’ F1; Vegetable, Tomato ‘Lizzano’ F1 and Tomato ‘Terrenzo’ F1.

Looking for high-quality farm and garden tools for women? Check out Green Heron Farms at <http://www.greenherontools.com>. They feel that women’s bodies are different from men’s and that their tools should be, too. With the help of farmers, gardeners and horticulturalists from throughout the United States, Green Heron Farms has identified some of the best agricultural equipment available for women.

Stocking Stuffers!

A few 2011 *Master Gardeners at Work and Play* calendars are still available. Get them while they last for those special folks on your holiday gift list! I’ll have them at the Holiday Carry-in on December 7 at the Lilly Nature Center.

Kay Conner

THE COMPANIONSHIP
OF A GARDEN IS EVER-
PRESENT. FOR EVEN
IN THE WICKEDEST
OF WEATHER, TRUE
PERFECTION OF PLAN
AND BLOOM ARE
LAID OUT IN THE
WANDERINGS OF
ONE’S MEMORY AND
IMAGINATION.
~CONSTANCE GARDENER

Herb Bed

(continued from back)

to create these objects is lengthy and intricate. The tree is dug up by the roots, its branches removed, and the tree is then left on the ground. A species of white ant then eats away the outer sapwood, exposing the heartwood. The heartwood is trimmed and sawed for processing, either for building, carving or distillation of its essential oil. After distillation, the oil must age for six months before it attains its peak aroma.

In perfumery, sandalwood acts as a fixative when blending scents and serves as a base for grounding, a quality that provides perfumes with a striking wood base note. This perfume oil has earned the reputation of an aphrodisiac, with its aroma being described as sultry with an erotic quality.

In aromatherapy, sandalwood oil acts as a relaxant with its sensual properties of woody undertones and mixes well with other oils such as, rose, ylang-ylang, jasmine, lemon, verbena, and frankincense. It is promoted as yielding a feeling of well-being.

In the beauty industry, sandalwood oil is used as an emollient, antiseptic, astringent, conditioner, and soothing agent. It nourishes dry, dehydrated, and mature skin. It smoothes and softens lines and wrinkles, balances oily or dry skin, and benefits any skin type or condition. Sandalwood oil helps clear acne and blemishes by

regulating the oil production and fighting bacteria.

Sandalwood essential oil has a long medicinal tradition in various countries, having been used in the treatment of digestive distress, liver problems, acne and other skin problems, gonorrhea, anxiety, insomnia, bronchitis, depression, laryngitis, leucorrhoea, scars, and stress. However, sandalwood is used most commonly today in incense, aromatherapy, perfumery, and in fine woodworking.

When creating your own sandalwood products, remember to choose the essential oils of sandalwood for its healing properties. When sandalwood scent is all that is necessary, use the less expensive fragrance oils.

Scent is one of the quickest ways to reach the brain and affect its mood. If this holiday season becomes too hectic or stressful, use the fragrance of sandalwood to help banish those holiday blues and offer a sense of relaxation. Before long, you will be fa-la-laing once again.

Sandalwood Mask for Silky Skin

- 1 t. sandalwood powder
- 1 t. honey
- 1 t. almond oil
- 1 t. castor oil

Mix all ingredients except castor oil then apply on face and sleep with overnight. In the morning, rinse face with cold water and dry. Apply castor oil to face.

Sandalwood Potpourri

4 cups dried plant material (flowers, petals, herbs, leaves)

1 T. whole cloves

1 T. star anise

1 stick cinnamon, crushed

2 T. orris root powder

4 drops sandalwood essential oil

3 drops cinnamon essential oil

Mix all ingredients in bowl, being careful not to crush the plant material. Place in paper sack and set aside for 4-6 weeks. Lightly mix the potpourri daily until fragrances blend. Display in wooden or glass container.

Sandalwood Massage Oil

8-10 t. grape seed oil

6 drops of sandalwood essential oil

2 drops lavender essential oil

2 drops rosewood essential oil

2 drops rose essential oil

Blend ingredients well. Gently warm oil and hands before massaging.

Garden Beet

6375 Whippoorwill Lane • Lafayette IN 47905-8773

Address changes:

Kristel Kaye
6375 Whippoorwill Lane
Lafayette IN 47905-8773
(765) 447-0143
Kristel.Kaye@comcast.net

Editorial correspondence:

Denise Dorsey-Zinn
9130 Tyler Rd
Battle Ground IN 47920-9421
(765) 567-4131
ddzwriting@earthlink.net

tippecanoomastergardener.org

AT THE HEART OF
GARDENING THERE
IS A BELIEF IN THE
MIRACULOUS.

MIRABEL OSLER, BRITISH AUTHOR

The Herb Bed

by Connie Kingman

Of the scents traditionally associated with Christmas – those of frankincense, myrrh, orange, a myriad of evergreens, and cinnamon – one is many times overlooked: sandalwood. This fragrance is one of the oldest and most often used of essential oils. Whether as incense in a church, as a scenting agent in massage oil or perfume blend, sandalwood always presents a lasting memory for the wearer or recipient of its aroma.

Sandalwood (*Santalum album*) is a tree that grows from 30 to 50 feet tall in Southern India, Sri Lanka, Hawaii, and many South Pacific islands. The tree requires 60 to 80 years

to reach full maturity when the center of its slender trunk, referred to as the heartwood, achieves its greatest oil content. Harvest takes place during the rainy season when its roots are richest in oil. The highest quality oil is generally considered to come from the Indian province of Mysore, where harvest is protected by the state government. The high demand for sandalwood, combined with its lengthy maturation time, has led not only to increased prices, but also to its being declared an endangered species.

For over 4,000 years, sandalwood has been considered sacred when used for religious purposes. Ancient Sanskrit and Chinese manuscripts mention sandalwood as being used to honor deities and for the build-

ing of temples. In the Hindu tradition, sandalwood plays a role in meditation. Its scent is believed to transform one's desires and maintain one's alertness while in a meditative state. In India, furniture and temples built with sandalwood centuries ago still retain its rich and woody aroma. There, the Sultan of Mysore declared sandalwood a royal tree as early as 1792, with all the trees considered the property of the government. No individual may own a sandalwood tree, not even one growing on private property.

The ancient Egyptians imported sandalwood and used it for embalming, ritual use and medicine. Jewelry boxes, fans and ornate carvings of sandalwood continue to be crafted in many parts of Asia. The process

(Continued on page 5)